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**ALEXA McDONOUGH**



**MP for Halifax**

*We cannot relent in our efforts to end poverty in Canada and around the world.*

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The Spring Garden Area Businesses would like to congratulate Street Feat on providing alternative employment opportunities to homeless people. Congratulations and good luck!




**spring garden**  
where the city springs to life.

*"We must serve the poor; they have been given to us as our masters and patrons"*

- St. Vincent de Paul, Priest.

(902) 420-9800 tel  
(902) 457-4886 fax  
[www.CONSUPTPINTO.COM](http://www.CONSUPTPINTO.COM)



**Neighbourhood Festival in the Bloomfield Center Courtyard**  
**June 16 2007 - From noon till 10 p.m.**

Food Vendors - Free Cycle table for "leftovers" from the yard sale - Local Produce from the Brewery Market - A Clothes Line Arts and Craft Sale - Entertainment: music, dance and demonstrations like square dancing, T'ai Chi and Capoeira - Workshops: organic gardening, haircutting, massage, natural building, voice Information Tables for local businesses and organizations and more!

It promises to be a fun, relaxed and low-key day to get to know our neighbours and to infuse Bloomfield with life and laughter.

**2786 Agricola Street - Halifax**



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## Are you Up for Adventure?

**What?**  
Register your best-dressed team of 4 and deck out your vehicle for the rally to hidden pit stops in the HRM. Experience challenges at each stop and earn points.

**When?**

- Saturday, June 9, 2007 (rain or shine)
- Registration at 9:00 am
- Ultimate Adventure 10:00 am to 4:00 pm
- Party and Awards Presentation to follow ending at 6:30pm.

**Who?**  
Teams of 4 can enter the Ultimate adventure. Get your friends, office mates or neighbors together for a day of fun! Challenge your colleagues or competitors. Enter as a family.

The Ultimate Adventure is limited to 50 teams of 4 adults. Bryony House suggests that participants be 16 years of age or older.

**Part Scavenger Hunt  
Part Car Rally  
Totally Fun!**

**How?**

- To get your registration package, call Bryony House at 429-9001; download the form from our website [www.jointheadventure.ca](http://www.jointheadventure.ca); or send an email to [schapman@bryonyhouse.ca](mailto:schapman@bryonyhouse.ca). Complete the forms and forward them to Bryony House.
- The registration fee is \$25 per team member, plus a minimum pledge amount of \$100 per team member.
- If a team member raises \$125 and submits their pledges by June 1<sup>st</sup> and completes the team member refund request, we will refund the \$25 registration fee.
- We encourage teams to raise additional pledges—prizes will be awarded for the most pledges. All proceeds go to Bryony House.
- Register BEFORE May 9th and be eligible for an early bird draw.
- Advance registration only. Teams accepted once forms for all team members are completed and received. Sorry, no reservations.
- No refunds for cancellations; the event will be held rain or shine; the event is limited to 50 teams

**Why?**  
The Ultimate Adventure is held in support of Bryony House, a 24 bed shelter where women and their children can go when they need to leave an abusive situation. They help women and their children by providing safety and shelter, a 24-hour distress line, crisis intervention individual and group counseling, advocacy, information and referrals.

Each year, Bryony House offers safety and shelter to approximately 450 women and children and answers over 4,500 distress calls.

Your team's participation in the Ultimate Adventure can help Bryony House to provide shelter for women and their children.

**Register Now...Space is Limited**

[www.jointheadventure.ca](http://www.jointheadventure.ca)

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better work, better life

In Support of



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THE ULTIMATE ADVENTURE

www.jointheadventure.ca